

# Caregiver Education Series

## TYLER SMITH

### Mental Health Lessons Following Trauma



Tyler Smith is a surviving member of the 2017-2018 bus crash of the Humboldt Broncos hockey team. Join us to hear Tyler share about his experiences navigating mental health and grief in the face of tragedy. He'll share details about his life over the last five years, the experiences he's gone through, and the lessons he's learned along the way. Public speaking has become one of Tyler's greatest passions and he hopes that attendees will leave the session feeling hopeful and inspired. All adults and high school students welcome.



**Tuesday**  
**June 6, 2023**  
**7:00-8:00 p.m.**  
(doors open at 6:30)

**Miller Theatre**

For your free tickets, please click  
or scan to register:



**Regina  
Catholic Schools**  
[www.rcsd.ca](http://www.rcsd.ca)

