

# Caregiver Education Series

## HIGH SCHOOL SURVIVAL

How to support your child through the best/stress years of their life.

Please join us for a virtual presentation all about how to survive and thrive in high school. Caregivers will learn how to support their child's transition to a new grade and school. Discover communication strategies that foster deeper connections. Hear from students about their experiences and things they wish their parents knew. Find out what teachers wish you knew, how to support good study habits, and where to access supports in school and in the community.

**Tuesday  
October 4, 2022  
6:30-7:30 p.m.**



Scan or click the code to register for this virtual event.



Fostering connections through education & understanding to increase inclusion.



**Regina  
Catholic Schools**

[www.rcsd.ca](http://www.rcsd.ca)